

Peter Bartlam
Counsellor

Therapy Consent Agreement

I confirm that I consent to participate in therapy sessions provided by **Sprouting Leaf, Peter Bartlam**. I agree to be an active participant in the process and share responsibility for the progress and outcomes of the sessions.

Session Duration & Punctuality

Counselling sessions are **60 minutes** in length. If I am late to a session, Peter will see me for the remainder of the allotted time but will **not be able to extend** the session beyond the scheduled end.

Responsibility & Communication

I agree to inform Peter of any **changes in my personal or medical circumstances** that may affect my ability to fully participate in therapy. I understand that therapy outcomes vary, and while support will be provided, I am ultimately responsible for my **own choices, actions, and emotions** during and after the sessions.

End of Therapy

For counselling, I agree to attend a **minimum of one 'ending' session**, which may vary depending on the length of my engagement in therapy.

Confidentiality

All sessions are **confidential**. However, confidentiality may be breached under the following circumstances:

- If there is a **serious risk of harm** to myself or others
- If there is a **legal obligation**
- If I provide **explicit consent** to share information

Additionally, session details may be discussed on an **anonymous basis** with Peter's **Clinical Supervisor**, in line with professional ethical standards.

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Peters' BACP membership number: 390754 and Peter abides by their ethical standards

Peter Bartlam is registered with the Information Commissioner's Office. Reference: ZA788311 and adheres to the relevant Data Protection regulations.

I consent to Peter contacting me for anything he considers relevant.

Fees:

- £60 per session or;
- £200 per session for block of 4 sessions prepaid.
- Couple: Per session £75 (75 minutes).
- Initial Assessment: £75 (1 ½ hours, when necessary)

Payment is due when booking the appointment and at each preceding appointment

Cancellation: Cancellation (reasonable) can be agreed by both parties no less than 1 week prior at no cost

Cancellation policy: Full fee applies if less than 1-week notice given.

Payment Details

Please make payment to:

Bank: HSBC

Name: P. I. Bartlam

Sort code: 40 30 25

Account No. 11209019

Please arrive to sessions on time, there is a car park where you can wait.